



If you need help or just someone to talk to call:
888 - 774 - 2900

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~CCADV wishes you a very happy holiday season!~

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CCADV is proud to announce the development of a Teen Dating Violence APP for the smartphone, which in itself is the first of its kind in the country! It was in September that the State of Connecticut Office of Policy and Management awarded the American Recovery Reinvestment funds to support this project.

Spread some of that holiday magic around!

During October and November, focus groups were conducted at various public high schools to get an accurate assessment of what teens would find useful in an APP. Some of the things teens wanted included are statistics/real time information, "scripts" on how to talk with friends and parental figures on teen dating violence, ways to get involved (i.e. events), a "tip of the day," and privacy settings to protect their confidentiality.

With the holidays around, it's not surprising that some of us feel it within our pockets. But that doesn't mean we can't help those who are less fortunate than us.

The teen dating violence APP is scheduled to be released in March 2011 and it will link to a complimentary microsite as well. CCADV is currently getting feedback on the APP logo design, so tune in for more information in next newsletter!

For the holidays, please consider donating toys and clothing for both adults and children to your local domestic violence program! Free time and want to do some good? Consider volunteering! Have an extra car taking up precious garage space? Lend it to [Cars4Causes!](#)



You've Been Working Hard - Now Get the Tax Credits You Deserve!

24/7 Shelter Success Stories Thanks to State Funding

There is a lot to be said about the services provided at domestic violence shelters. More than just providing advocacy and basic needs such as food, clothing, toiletries, etc., these shelters offer emotional support for their clients as well. And when combined with partner agencies, these shelter advocates work with the individual to make sure they get what they need to heal from a domestic violence situation and move toward self sufficiency.

For a mother who has children, it can be an extremely difficult time for them both. The mom may "shut down" and display no interest in interacting with her children due to the trauma she is experiencing. The advocate could help enroll her in parenting classes or set her up with a parent aide to help change the family dynamic. Through their stay at the shelter, a family can also receive individual and group counseling, safety planning, referrals to other agencies, support and encouragement to begin and independent life, free from violence.

Often times, there even are instances where a survivor would be too afraid to return to her home for personal belongings, even with a police escort. Finding a new place to live, whether it is an apartment or a transitional living program, is just another service these 24/7 shelters provide to ensure the safety and well being of the survivor.

Last session, in addition to the \$1 million in ARRA funding, DSS supported 24/7 staffing with an additional \$1.75 million. The continual funding of such services is therefore very important so be sure to show your support!

Primary Prevention of Interpersonal Violence

In March 2009, CCADV received funding from the Center for Disease Control Foundation to begin the process of learning about primary prevention. Given this opportunity, we decided to take it a step further and begin to integrate primary prevention in our everyday work. In November 2010, the Board of Directors approved a new strategic plan that will take us through 2015. Incorporated in this plan is the goal of changing the public response to domestic violence with the sub-category of primary

Families in Connecticut: Whether or not you owe income tax, you could get thousands of dollars in tax credits. You could qualify for:

Up to \$2,100 from the federal Child and Dependent Care Tax Credit.

Up to \$5,666 from the federal Earned Income Credit. Up to \$1,000 per child from the federal Child Tax Credit.

Up to \$800 from the Making Work Pay Credit, if you haven't already received it in your take-home pay.

More families than ever are eligible for these credits this year. To get these credits, you must file a tax return.

Find out where you can get FREE help with your taxes by calling the IRS toll-free at (800) TAX-1040 or (800) 829-1040.

National Women's Law Center Tax Credits Outreach Campaign, 2011 Tax Filing Season

IF YOU BELIEVE IN OUR CAUSE

The Connecticut Coalition Against Domestic Violence

prevention. Throughout the next few years, CCADV will be working with the membership, allies and supporters to bring interpersonal primary prevention to Connecticut.

Primary prevention is often described as "taking action to build resilience and to prevent problems before they occur." Primary prevention seeks to prevent even the initial perpetration or victimization. This means any first or new acts of violence, any first or new episodes of violence, any first or new victims of violence, or any first or new perpetrators of violence. Forms of primary prevention of domestic violence include public awareness, information dissemination, targeted education, counseling and support groups for teens, and more.

These primary prevention strategies can help prevent violent behavior through interventions designed to eliminate the underlying causes and risk factors and strengthen protective factors. To prevent domestic violence from occurring, we must first figure out why it occurs. We know that most people do not believe that domestic violence behavior is acceptable yet there are conditions in society that allow it to continue. These conditions are what we refer to as *risk factors*. Risk factors are factors that increase the likelihood that violence will be perpetrated and someone will be vulnerable to victimization. When we look at risk factors, they are categorized into four areas: individual factors, relationship factors, community factors and societal factors. Over the next few newsletters, CCADV will examine the risk factors that currently exist to promote interpersonal violence.

Upcoming Events

December 10: Celebrating Our Future Self. Brought to you by Meriden-Wallingford Chrysalis

328 Paddock Avenue, Meriden

5:30pm-8:30pm

December 15: Connecticut Conference on the Prevention of Violence Against Women

University of New Haven, Dodd's Hall

300 Boston Post Road, West Haven CT

8:00am-4:30pm

(CCADV) is working to create a Connecticut where domestic violence no longer exists. If you share this vision, please consider making a donation to CCADV. Your support will help us continue our efforts to raise awareness about this pervasive problem and provide resources to domestic violence advocates across your community.

Make a tax deductible contribution to CCADV by check to:

Connecticut Coalition Against Domestic Violence
90 Pitkin Street
East Hartford, CT 06108

January 9-11: 4th Establishing Expertise as an Ethical
Expert Witness
Austin, TX

February 4:
Radiothon hosted by Hall Communications. Brought to you
by the
Women's Center of Southeastern CT
WCTY 92.5fm, WNLC 98.7 fm, Kool 101 fm, WICH am

March 5: Bowl 2 Benefit. Brought to you by the Umbrella
Program
AMF Lanes, Milford CT

March 19: Bowl-a-thon. Brought to you by the Women's
Center in Southeastern Connecticut
Holiday Bowl, Groton

Connecticut Coalition Against Domestic Violence (CCADV)

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