Do you sometimes feel like something about your relationship isn't quite right? Do you feel like your partner tries to control you? **YOU ARE NOT ALONE.** Advocates are available 24/7 if you need help or if you just need to talk. **WE LISTEN BECAUSE YOU MATTER.** Available services include:

- Options and ideas for how you can stay safe
- Counseling
- Support groups
- Information & referrals to other community resources
- Emergency shelter with opportunities for transitional and permanent housing options
- Advocacy in the courts

**IS YOUR RELATIONSHIP ABUSIVE?**

Does your partner...

- call you names or put you down in front of others?
- get jealous when you spend time with others?
- monitor your text messages, emails and social media accounts without your permission?
- keep you from seeing family and friends?
- withhold money from you?
- force you to have sex when you don't want to?
- hit, slap, punch, shove or otherwise physically harm you?

Advocates are also available to speak with family, friends, professionals or anyone who suspects that someone they know is experiencing abuse and wants advice on how to talk about it.

**24/7 Call, Text, Chat, Email**
www.CTSafeConnect.org | (888) 774-2900

**SERVICES ARE CONFIDENTIAL, SAFE, FREE & VOLUNTARY**