

**NAVIGATION: HOW TO USE THIS GUIDE & EXAMPLES OF USAGE**

*The Resource Guide offers straightforward and effective help for survivors, attorneys, and advocates who encounter difficult situations. This sheet works to explain how to use the Resource Guide efficiently.*

**❖ TABLE OF CONTENTS:**

- Section 1: Legal Resources
- Section 2: Domestic Violence Resources
- Section 3: Trafficking Resources
- Section 4: Sexual Assault Resources
- Section 5: Housing Resources
- Section 6: Immigration Resources
- Section 7: Health Resources
- Section 8: Mental Health and Substance Use Resources
- Section 9: Benefits Resources
- Section 10: Elder Assistance Resources
- Section 11: Family and Child Related Resources
- Section 12: Additional Resources
- Section 13: Self-Help links

***Using the Resource Guide correctly can be very beneficial. You can save time by not reading the whole guide, but just using the table of contents to find the resources you need. You can click on any section in the table of contents to go directly to the relevant resource. After each section there is a “jump to” option you can use to bring you back to the top of table of contents page. Here are some examples of how this makes the guide easier to use.***

- To assist the survivor in applying for pro bono representation at a restraining order hearing, you can go to “Section 2: Domestic Violence” by clicking on it. There, you can choose the programs that suit the survivor’s situation best.
- If the survivor needs rehousing assistance and has questions about his/her potential to apply you can click on “Section 5: Housing Resources” which will bring you directly to that section in the guide. From there, you can decide which program best fits the survivors’ needs.
- You can find guidance on how to use the Connecticut Judicial Branch website in “Section 13: Self Help Links” on the table of contents. It has a brief overview of several resources such as self-representation, child support, small claims and more. Clicking on the highlighted titles will direct you to the judicial website page that discusses the resource the survivor needs assistance with.

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*For questions or more information, please contact...*

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